September - December, 2008

A Semi-Annual Publication of the C. G. Jung Society of New Orleans

Vol. 17, No. 2

EROS AND POWER DAVID SCHOEN

Jung spoke often of Eros versus Power and how they are the shadows of each other. Eros is the principle of relationship, connection and love. It is the dynamic of the interactional relational field between people that connects them on a feeling level of mutual value and concern. The Eros concept incorporates caring, respect, consideration, mutuality, valuing, communication, and perhaps most of all, a core assumption of basic goodwill on the part of the other. This allows people to function and work together in a fairly harmonious way. I define Power as the ability to influence or control. Power can be used for good or evil, constructive or creative, as well as destructive and harmful agendas. Jung's use of the term Power implies a relating to people less as persons and more as objects to be manipulated, controlled or dominated. This manipulation, control or domination of others can be physical, legal, economic, social, political, psychological, or spiritual. Eros and Power are two sides of the same coin.

Jung said, "When Love (Eros) reigns, there is no will to power, and where the will to power is paramount, love is lacking. The one is but the shadow of the other: the man who adopts the standpoint of Eros finds his compensatory opposite in the will to Power and that of the man who puts the accent on power is Eros." (CW 7, par 78, "The Problem of the Attitude Type")

If Eros is characterized by the assumption of goodwill, then, conversely, Power is characterized by the assumption of ill will on the part of the other. We can apply the Eros/Power principle in marriage, parenting, business, politics, groups, social organizations, friendships, and dealings between individuals, collectives, and nations. How often it happens that when the equity of Eros in relationship breaks down, the vacuum is immediately filled with power plays, hostility, mistrust, and an assumption that the other is now our enemy and must be treated as such.

So it behooves us to stay conscious of Eros and Power in ourselves, our relationships, and in others. My poetic way of saying it is: "When Eros fails, Power prevails!"

David Schoen, MSSW, LCSW, is a certified Jungian analyst and clinical social worker who has been in private practice in Covington for the past twenty-five years. He serves as the training coordinator of the New Orleans Jungian Seminar of the Inter-Regional Society of Jungian Analysts. David is the author of *Divine Tempest, The Hurricane as a Psychic Phenomenon* as well as a new volume, *The War of the Gods in Addiction: C. G. Jung, Alcoholics Anonymous, and Archetypal Evil*, scheduled for release at the end of 2008.

LIBRARY NEWS

Learn more about Jungian psychology by exploring the many wonderful texts in our library! Members are entitled to check out books with the payment of a once-only library fee of \$20 (see a staff member to acquire a library card). We look forward to having you browse our books before and after meetings and during the breaks. Here is a taste of what our library has to offer!

Swamplands of the Soul James Hollis, PhD

Is the purpose of life to achieve happiness? Who does not long to arrive some distant day at that sunlit meadow where we may abide in pure contentment? In reality we know life is not like that; our road is often dreary, the way unclear. Much of the time we are lost in the dismal states of guilt, grief, betrayal, doubt, depression, anger, terror and the like. Is this all we can hope for? Perhaps not, says this author. The Jungian perspective, by encompassing both the meadow and the bog, asserts that the goal of life is not happiness but meaning. And meaning, though it may not be all sunlight and blossoms, is real. *Swamplands of the Soul* explores the quicksands where we have all floundered. It lights a beacon by showing what they mean in terms of our individual journey and the engendering of soul. For it is precisely where we encounter the gravitas of life that we also uncover its purpose, its dignity and its deepest meaning.

(continued on page 5)

THE PILGRIMAGE AS ARCHETYPAL EXPRESSION OF THE ANALYTIC JOURNEY CAROLYN M. BATES, Ph.D. FRIDAY, SEPTEMBER 19, 2008 | 7:30 PM

"The pilgrim is one who follows a direct and purposeful path, as opposed to the aimless wanderer."

The physical journey of the pilgrimage has been interwoven with inner spiritual journeys since antiquity. Both external and internal pilgrimages constitute journeys of hardship in search of a sense of the sacred; both may involve sacrifices, awakenings, encounters with bandits and thieves, relinquishments, engagement with communities, and experiences with the numinous. The outward pilgrimage may reflect the sojourner's interior journey into conscious relationship to the Self, what Jung described as the path of individuation. Join us for this discussion of the pilgrimage as an archetypal expression of the analytic journey.

Carolyn Bates is a psychologist and diplomate Jungian analyst with special interests in depth psychology and the expression of cultural mythologies and folklore in clinical material. Her thesis for Jungian training, entitled "As Above, So Below: The Pilgrimage as Archetypal Expression of the Analytic Journey," addressed the symbolic pilgrimage made in a Jungian analysis. She has an analytic practice in Austin and has offered presentations, workshops, and classes on dream interpretation, trauma, and synchronicity to the Austin Society for Psychoanalytic Psychology, the Inter-Regional Society of Jungian Analysts, the Jung Society of Waco and the Jung Educational Center of Houston. She currently serves on the faculty of the Texas Seminar of the Inter-Regional Society of Jungian Analysts.

THE PILGRIMAGE AS ARCHETYPAL EXPRESSION OF THE ANALYTIC JOURNEY A WORKSHOP WITH CAROLYN M. BATES, Ph.D. SATURDAY, SEPTEMBER 20, 2008 | 9 AM - 3 PM

In our Saturday workshop we will continue on the theme of the pilgrimage. Through the use of imagery, lecture, film clips, group discussion, and journaling, we will explore the archetype of pilgrimage, looking at parallels between an external pilgrimage and the interior journey into conscious encounter with what Jung called the Self. Participants are invited to bring their stories and artifacts from any form of pilgrimage they have taken – either inwardly or outwardly – that has proved meaningful to them and that they might wish to share. (See Friday, September 19 program listing for more information about Carolyn Bates.)

AN ARCHETYPAL VIEW OF "THE DAY OF THE DEAD" CAROLINA DELGADO, MSSW FRIDAY, OCTOBER 10, 2008 | 7:30 PM

The Day of the Dead is celebrated on November 1 and 2 in connection with Catholic All Saints' Day and All Souls' Day, but its origins lie in pre-Colombian celebrations of the lives of ancestors who are now living in the afterworld. In her talk, analyst Carolina Delgado will focus on belief in the life-death cycle as well as the philosophy of afterlife and the continuation of the soul and spirit of one who has left.

Carolina Delgado, MSSW, is a social worker who has practiced primarily in the areas of family violence and trauma for over 25 years. She is a Jungian analyst and a member of the Inter-Regional Society of Jungian Analysts who lives and practices in San Antonio.

EVENING PROGRAMS
FREE TO MEMBERS, \$10 NONMEMBERS
WORKSHOPS \$65 MEMBERS, \$85 NONMEMBERS

ALL PROGRAMS ARE OPEN TO THE PUBLIC & WILL BE HELD AT PARKER MEMORIAL UNITED METHODIST CHURCH 1130 NASHVILLE AVENUE (AT PERRIER), NEW ORLEANS

CONSTRUCTING A DAY OF THE DEAD ALTAR A WORKSHOP WITH CAROLINA DELGADO, MSSW SATURDAY, OCTOBER 11, 2008 | 9 AM - 3 PM

The workshop will be based on honoring, celebrating and grieving the loved one who has gone on before us, and it will provide an opportunity to explore, express and discuss the ongoing relationship with relatives who have left us. Central to the celebration of the Day of the Dead is setting up altars known as the "ofrenda," the special altar. To build their altars, participants are encouraged to bring all kinds of mementos, letters, and pictures as well as natural items such as sticks, rocks, and flowers—anything that will symbolize the life of the person who is being honored. Participants are also encouraged to bring small bits of food, cigarettes, jewelry, dishes such as bowls, cups, and saucers — anything the participant wants to bring to offer in celebration and honoring. One can also bring candles to light the way for the soul. (See Friday, October 10 program description for biographical information about Carolina Delgado.)

THROUGH THE LENS OF FOLKLORE: BEING TRAPPED AND BEING FREED MARGA SPEICHER, Ph.D. FRIDAY, NOVEMBER 7, 2008 | 7:30 PM

Folktales have been told over the millennia and across the globe, capturing hearts and imagination in all generations, affecting listeners everywhere. They are symbolic stories that reveal archetypal aspects of human existence. They depict harshness and humor, beauty and grace, hard work and magic. They tell of life's bounty and cruelty, of helpful spirits and tricky monsters. They show how humans have moved through life encountering obstacles, facing monsters, coming through troubles with help from the realm of nature and of the spirit. When we approach these stories with an open heart, we can draw some of the wisdom of humanity from their depths.

We will hear the story of Rumpelstiltskin, which tells of a young girl's desperate situation: To save her life, she promises her child to a gnome (Rumpelstiltskin) who rescues her. We will explore how the girl becomes trapped, how she is rescued, and how she regains her child and her life. We will seek to understand where we encounter similar dilemmas in our lives and how we can grow to regain autonomy. Rumpelstiltskin is the gnome who helps and hinders, whose power we have to appreciate and overcome, and who will enslave us unless we passionately seek to know it and thereby reclaim our vitality.

Marga Speicher, Ph.D., is a Jungian analyst in San Antonio. A lover of literature and folklore, she teaches and leads workshops across the US on symbolic understanding of images in dreams, stories, and experiences of everyday life, seeing such images as opening doors to the core of our humanity, individually and culturally. Her lectures on symbols in Rumpelstiltskin, Cinderella, and The Thousand and One Nights have been released on CD and audiotape. In 2001, she presented the Harvest XVIII lectures in Richmond, Virginia, entitled *Folklore: Psyche's Treasure Chest*.

SEEKING INNER FREEDOM: WHAT CAN HELP? A WORKSHOP WITH MARGA SPEICHER, Ph.D. SATURDAY, NOVEMBER 8, 2008 | 9 AM - 3 PM

The search for inner freedom is a life-long process that calls each of us to differentiate oneself from the impact of early life, from societal influences over the life span, and from the pull of archetypal energies. Learning with and from the miller's daughter and her antagonist, Rumpelstiltskin, we will explore ways of encountering damaging complexes: we look at ways of experiencing them, of naming them, of separating from them as well as ways of knowing and utilizing the creative energies hidden in them. We will discuss and write as we explore images and experiences that present themselves in the story and in life. Bring a notepad and pen. (See Friday, November 7 program description for more information about Marga Speicher.)

BOARD OF DIRECTORS

Susan Welsh, President Karen Farley, Vice President Toni Newton, Secretary Tom Welsh, Treasurer Helen Barnett Gary Braedt Duane Page Jennifer Standish

HONORARY MEMBERS

Judy Andry Susan Sewell Bell Joan Bicocchi Nancy Cater Gayonne Goodyear Blanche Gray Susan Logan Marilyn Marshall Bob Welch

IN MEMORIAM

Ian Baker (1931 - 2006) Battle Bell, III (1945 - 2006) Stephanie Thibodeaux Braedt (1951 - 2005) Eda Galtney (1938 - 2002) Faye Geraci (2007) Andy Goodyear (1939 - 2001) Joan & Travis Harrison (2007)

ANALYSTS

Karen Gibson, Diplomate, Advisor Charlotte Mathes, Diplomate David Schoen, Diplomate

BENEFACTORS (\$100 level)

Judy & Allain Andry
Gary Braedt
The Stephanie Thibodeaux
Braedt Foundation
Nancy & Glenn Cater
Sidney Creaghan
Pierre de LaBarre IV
Karen Farley
Karen Gibson
Blanche & Mat Gray
Robert Hecker
Sherwood Ice
Jennifer Standish
Susan Welsh

BOLLINGEN (\$250 level)

Susan J. Logan Margie Villere

KÜSNACHT (\$500 level) Thomas M. Welsh Randy Fertel

CHRISTMAS PARTY AND "JUNG TALENT NIGHT" TUESDAY, DECEMBER 2, 2008 | 7:30 PM

Can you tell a story? Or sing a song? Do you have a favorite poem you'd love to share or a sketch you've made that you'd like to exhibit? Would you like to take part in a Christmas skit? If so, we're looking for you to help provide some homegrown entertainment at our Christmas party! Even if you're not a performer, please join us for drinks and refreshments this holiday season and share in the creative accomplishments of our fun-loving membership! (If you would like to perform or participate, send us an e-mail at info@jungneworleans.org or see our president, Susan Welsh, at the door before any meeting and let her know where your talent lies!)

THE POWER OF COMPANIONSHIP: THE PSYCHOLOGY OF THE BROTHER-SISTER RELATIONSHIP LARA NEWTON, MA, LPC FRIDAY, JANUARY 16, 2009 | 7:30 PM

In a book she worked on for over a decade, Lara Newton lays the foundation for a new psychological perspective on the brother-sister relationship. Then she explores that relationship in all its variety, both externally in the world of inter-personal and cultural relationships and internally in the relationship between conscious and unconscious, masculine and feminine. In the introduction to her book, Lara writes, "Brother and sister point the way toward a new understanding of companionship and mutuality, because first and foremost, they are companions... At this point in history, we must remember that there is power, not only in conflict and discord, but also in harmony and equanimity." In a spirit of companionship, Lara wishes to share her insights and join in discussion with her sister (and brother) Jungian community in New Orleans.

In this lecture, Lara will present the process of transformation from bonding, to wounding, and finally to healing and redemption, which is described in her book. This is a transformation process that takes the brother-sister relationship from an outer experience, whether negative or positive, to a powerful intrapsychic reality, for any individual who takes up the challenge of relating to this psychological phenomenon. In the course of the evening, Lara will also share some poetic material and brother-sister stories that inspired her.

Lara Newton, MA, LPC, is a senior diplomate Jungian Analyst with a private practice in Denver, Colorado. She has been a therapist since 1982. Lara is currently co-coordinator of training and Vice President of the C.G. Jung Institute of Colorado, which provides Jungian training through the Inter-Regional Society of Jungian Analysts. She has been president of the Jung Society of Colorado, based in Denver, for over ten years. Her first book, *Brothers and Sisters: Discovering the Psychology of Companionship*, was published by Spring Journal Books in May 2007.

VARIATIONS ON THE THEME OF COMPANIONSHIP: A WORKSHOP ON BROTHER-SISTER RELATIONSHIPS WITH LARA NEWTON, MA, LPC SATURDAY, JANUARY 17, 2009 | 9 AM — 3 PM

In this workshop, we will focus on specific patterns in brother-sister relationships, dark and troublesome patterns as well as positive companionships, and their effect on the psychological development of both women and men. We will explore fairytales and dreams, and the process of transformation within the psyche will be explored in depth. We will work with three brother-sister fairytales which will be provided to the participants. All participants are encouraged to bring in questions, dreams, or life stories for discussion. (See Friday, January 16 program for more information about Lara Newton.)

The Spiral Way

Aldo Carotenuto, PhD

A fifty-year-old woman enters Jungian analysis. Her life is apparently going quite well. One would never characterize her as "sick." Nevertheless she suffers from depression and serious inner conflicts that have paralyzed her life—while her private suffering is scarcely visible to the outside world. This is the story of her inner journey, during which she rediscovers her energy and comes to appreciate her own uniqueness. It is also the story of any woman's possibilities at this important age, an age ripe for the activation of hidden sources of healing and renewal. The focus here is on the importance of dreams, which at times of transition point the way. The author's informed commentary illustrates how the transformation of the images of the unconscious corresponds to the development of the personality as a whole. The message of this book is that there is no age at which psychological change is not possible; there is never a time in one's life when there is no more hope.

Romancing the Shadow

Connie Zweig, PhD, and Steve Wolf, PhD

Beneath the social mask we wear every day, we have a hidden shadow side: an impulsive, wounded, sad, or isolated part that we generally try to ignore. But as therapists Connie Zweig and Steve Wolf show in this landmark book, the shadow can actually be a source of emotional richness and vitality, and acknowledging it can be a pathway to healing

and an authentic life. "Romancing the shadow"—meeting your dark side, accepting it for what it is, and learning to use its powerful energies in productive ways—is the challenging and exciting soul work that Zweig and Wolf offer in this practical, rewarding guide. Drawing on the teachings of Carl Jung and compelling stories of men and women whom they have helped in their clinical practices, they reveal how the shadow guides your choices in love, sex, marriage, friendship, work, and family life. With their innovative methods, you can uncover the unique patterns and purpose of your shadow and learn to defuse negative emotions, reclaim forbidden or lost feelings, cultivate compassion for others, renew creative expression, and find purpose in your suffering.

The Owl Was a Baker's Daughter Marion Woodman

This book offers eye-opening insights into the relationship between the individuation process of a woman and the state of her body. The underlying hypothesis, convincingly presented, is that weight disturbances and eating disorders often have a meaning: that is, they are purposeful symptoms. Specifically directed toward practical procedures which can enable a woman to hear her bodily symptoms as symbolic representations worth exploring because they lead to an understanding of her instinctive femininity and the wounds this has suffered, inflicted not only by others but also by herself.

Name				WORKSHOP REGISTRATION FORM	
Address				Workshop Prices:	
City	Sta	ate Zip		¢.c. 1 ¢.c. 1	
			WORKSHOP LOCATION: Parker Methodist Church		
Cell Phone	Total End	closed		1130 Nashville, New Orleans	
(Circle One: \$65 MAKING A I OCTOBER 1	MAGE R 20, 2008, WORKS members; \$85 nonmembers DAY OF THE DEAD ALT 11, 2008, WORKSHO members; \$85 nonmembers	GAR	NOVEMBER (Circle One: \$6 BROTHER-S JANUARY	NNER FREEDOM R 8, 2008, WORKSHOP 5 members; \$85 nonmembers) SISTER RELATIONSHIPS 17, 2009, WORKSHOP 5 members; \$85 nonmembers)	
			TION TO THE C. G. JUNG F NEW ORLEANS		
Student \$ 25	(Circle One) Benefactor \$100 Bollingen \$250 Küsnacht \$500		MEMORIAL	FUND IN MEMORY OF	
Join the Jung Society! Free admission to monthly programs and discounted admission to workshops throughout the year!		Questions? Contact the C. G. Jun E-mail info@jungne Website www.jungne	g Society: C worleans.org 6	Mail completed form to: C. G. Jung Society of New Orleans 509 Metairie Road, #171 Metairie, LA 70005	



C. G. JUNG SOCIETY OF NEW ORLEANS FALL 2008 PROGRAM CALENDAR

9/19/08 THE PILGRIMAGE AS AN ARCHETYPAL EXPRESSION OF THE ANALYTIC JOURNEY Carolyn M. Bates, Ph.D. | 7:30 pm

9/20/08 THE PILGRIMAGE AS AN ARCHETYPAL EXPRESSION OF THE ANALYTIC JOURNEY A Workshop with Carolyn M. Bates, Ph.D. 9 am - 3 pm

10/10/08 An Archetypal View of The Day of the Dead Carolina Delgado, MSSW | $7:30~\mathrm{pm}$

10/11/08 Constructing a Day of the Dead Altar A Workshop with Carolina Delgado, MSSW 9 am - 3 pm

11/7/08 THROUGH THE LENS OF FOLKLORE: BEING TRAPPED AND BEING FREED Marga Speicher, Ph.D. | 7:30 pm

11/8/08 SEEKING INNER FREEDOM:
WHAT CAN HELP?
A Workshop with Marga Speicher, Ph.D.
9 am - 3 pm

12/2/08 Christmas Party & Talent Night 7:30 pm

1/16/09 THE POWER OF COMPANIONSHIP:
PSYCHOLOGY OF THE BROTHER-SISTER
RELATIONSHIP
Lara Newton, MA, LPC | 7:30 pm

1/17/09 Variations on the Theme of Companionship: A Workshop on Brother-Sister Relationships Lara Newton, MA, LPC \mid 9 am - 3 pm

ALL PROGRAMS OPEN TO THE PUBLIC
EVENING PROGRAMS
FREE TO MEMBERS, \$10 NONMEMBERS
WORKSHOPS \$65 MEMBERS, \$85 NONMEMBERS

ALL PROGRAMS TO BE HELD AT
PARKER MEMORIAL UNITED METHODIST CHURCH
1130 NASHVILLE AVENUE, NEW ORLEANS
WEBSITE WWW.JUNGNEWORLEANS.ORG

NONPROFIT ORG U.S. POSTAGE PAID Mew Orleans, LA Permit No. 2331

