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C. G. JUNG SOCIETY OF NEW ORLEANS NEWSLETTER

FALL 2015

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C. G. JUNG SOCIETY OF NEW ORLEANS  
609 METAIRIE ROAD, #171  
METAIRIE, LA 70005



## *A message from our new Co-Presidents:*

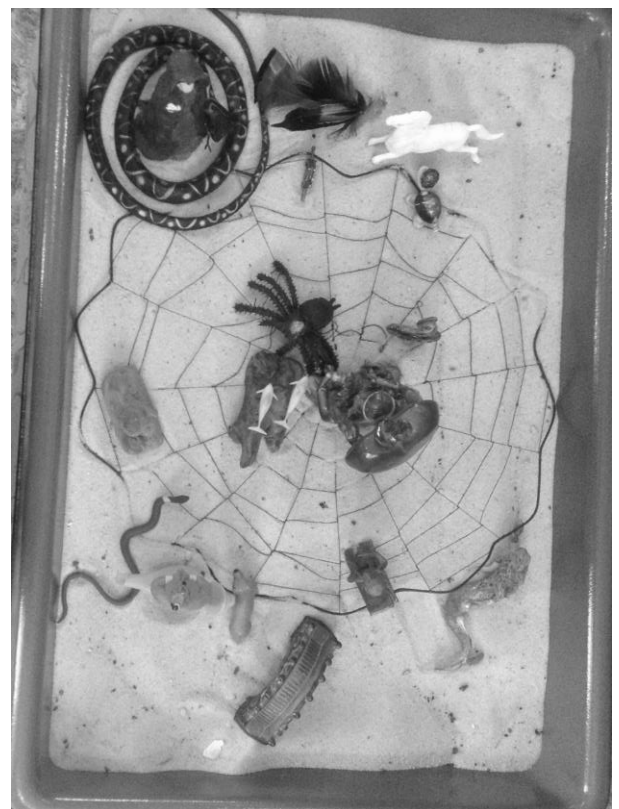
Welcome to the fall semester of Jung Society programming! You will discover a wealth of intriguing topics beginning on September 8 with Randy Fertel discussing his new book "A Taste for Chaos."

Through a recent gathering of Board Members with Jungian analyst Marilyn Marshall facilitating a sand play exercise, a new organizational structure for the immediate Board members was created. As Marilyn explained, sand play allows access to the unconscious, connecting us to imagination and the creative process. Our president, Toni Newton, was stepping down and the Board needed to choose new leadership. After this exercise was completed, Soco Ocampo, Board member since September 2009, shared a recent dream with the group and also explained why she chose the snake when symbols were picked for the sand tray. She did not know what the dream meant until participating in the sand tray exercise. Her life had seemed to be going in a different direction for several months and she had stepped away from the Board. Her dreams brought an understanding that she needed to return to the Board and become much more involved to enrich her life and offer her talents. As a result, she volunteered to become the first co-President under our new structure.

Michael Barry, Board member since September 2012, has been a clinical social worker for the past 30 years. In the past year he opened his own practice and has mainly focused on the growth of his business. During the sand play exercise, he also came to a realization but not by having a dream as Soco had experienced. Instead Michael had picked a pair of dolphins and a turtle. He shared with the group that the dolphins were spiritual beings and that being part of this spiritual organization was part of his journey. The turtle was chosen because he felt that his business was moving at a very slow pace, that of a turtle. Soco had volunteered to be the first co-President but felt it would be difficult to accomplish without support because she also has a business. After much consideration, Michael then stepped forward to be co-President and this is how the co-presidency was born.

We wanted to explain some of what happens behind the scenes and we look forward to being co-Presidents with the support of past Presidents, the Board members, our Jungian analysts, and Jung Society members. We are looking forward to a wonderful year with some enlightening lectures. We will strive toward new goals and be more visible in the community.

We look forward to having you join us at all of our programs. See the details further on in this newsletter and on our website at [jungneworleans.org](http://jungneworleans.org).



## ABOUT THE C. G. JUNG SOCIETY OF NEW ORLEANS

The Jung Society is an all-volunteer non-profit organization that promotes self-understanding in the community of New Orleans through educational lectures and workshops on depth psychology. We offer lectures and in-depth workshops from September through May and maintain a library of books on psychology and related topics for our membership. We are also a pre-approved National Board of Certified Counselors continuing education provider, and many programs offer continuing education contact hours for social workers.

## ABOUT NBCC CONTINUING EDUCATION CLOCK HOURS

The C. G. Jung Society of New Orleans is a National Board for Certified Counselors (NBCC)-approved

Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The provider (ACEP™) solely is responsible for all aspects of the program. For more information on NBCC-approved continuing education clock hours, see [www.nbcc.org](http://www.nbcc.org).

### BOARD OF DIRECTORS

#### Co-PRESIDENTS:

Michael Barry  
Beatriz "Soco" Ocampo

#### VICE PRESIDENT:

Terence Todd, SJ

#### SECRETARY:

Rosanne Tarantolo

#### TREASURER:

Toni Newton

#### DIRECTORS:

Blanche Gray  
Claire Privat  
Duane Page  
Elizabeth Shaw  
Jennifer Standish  
Joan Biccocchi  
Storm Ehlers  
Susan Sewell Bell  
Susan Welsh, Past President  
Thomas Fewer

#### BOARD ADVISOR

Marilyn Marshall

#### IN MEMORIAM

Ian Baker (1931 – 2006)  
Battle Bell, III (1945 – 2006)  
Stephanie Thibodeaux  
Braedt (1951 – 2005)  
Eda F. Galtney (1938 – 2002)  
Faye M. Geraci (1945 – 2007)  
Andy Goodyear (1939 – 2001)  
Joan G. Harrison (1937 – 2007)  
Travis J. Harrison (1935 – 2007)

### ANALYSTS IN THE NEW ORLEANS JUNGIAN SEMINAR

AN APPROVED TRAINING CENTER OF THE  
INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS

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David E. Schoen, LCSW, MSSW  
Covington | [davidschoen60@yahoo.com](mailto:davidschoen60@yahoo.com) | 985-892-9545

## *Spotlight on Volunteering:*

### *We Love Our Volunteers!*

**The Jung Society is an all-volunteer organization. Those who volunteer with us believe, as we do, that the insights of Jungian psychology are needed in the world. They contribute by using their interests, skills, and talent to help us present programming that fosters self-understanding by the individual.**

#### *Meet Our Volunteer Riney:*

I've been a volunteer since joining the society about a year ago. Currently I assist in preparing the meeting place for upcoming events and also in transporting guests when necessary.

I've always been attracted to the world of ideas (from Kant to Skinner to Durkheim) and to those who like to explore the world of ideas. I've always read books that referenced Jung, but only as of lately began to explore his ideas more in depth. I'm especially pleased that he gives credibility to the mystical and the magical. I was thrilled to learn of a group in New Orleans that studies his ideas more profoundly.

The diversity of the material presented: From lectures on African Shamanism and the tarot, to live performances, all the presentations help to broaden one's intellectual horizon and to enrich one's soul.

Jung says, "The best political, social and spiritual work we can do is to withdraw the projection of our shadow onto others." This quote admonishes us to move beyond the superficial and to explore the deeper strata of our being. There, lasting solutions to the many impediments that plague humankind may be found.

In a world where human beings are becoming impervious to spiritual influences and the human soul (psyche) is becoming increasingly opaque and inanimate, organizations like the Jung Society may play a more pivotal role than realized.

#### *Meet Our Volunteer Bev:*

I've been volunteering with CGJS for one year, and have really enjoyed it, especially as it has enabled me to get to know better other participants in the society.

I first remember being drawn to Jungian psychology when I happened upon the book, *Women Who Run With the Wolves*, involving myths and stories of the wild woman archetype. If this makes me sound like a nature lover, I am, and that was a part of the attraction. A former early childhood teacher, I'm now especially interested in promoting healthy childhood development through involvement in nature.

Through CGJS, I heard about Centerpoint 1, a class (limited to 10 - a nice size) which focuses on the work of Jung, Joseph Campbell, and others. What I think I've loved the most about being a member of these two groups is connecting with others who are interested in exploring the undiscovered parts of themselves, in order to lead more fulfilling lives.

Here's one of my favorite Jung quotes, "...the self, as an inclusive term that embraces our whole living organism, not only contains the deposit and totality of all past life, but is also the point of departure, the fertile soil from which all future life will spring."

**There are many ways you can contribute as a volunteer!**

**Our board is made up of the following committees and we are always looking for enthusiastic contributors:**

<i>Publicity</i>	<i>Membership</i>	<i>Social Events</i>
<i>Programming</i>	<i>Room Management</i>	<i>Volunteering</i>
<i>LPC CEUs</i>	<i>Hospitality</i>	<i>Fundraising</i>
<i>Social Work CEUs</i>	<i>Newsletter</i>	<i>Audio/Visual</i>

**Contact our Volunteer Coordinator - Claire Privat at [jungneworleans@gmail.com](mailto:jungneworleans@gmail.com)**

*Nature Within**Nature Without*

by Deedy Young, Jungian Analyst

*The layer of utter unconsciousness contains the key  
to individual completeness and wholeness, in other words, healing.*

- C.G. Jung, CW 18, par. 270

Late in the evening I stroll out on the wooden walkway that gives access to our cabin at Palmetto Island State Park. The cabin nestles on low-lying land ten miles inland from the Gulf of Mexico beside the Vermilion River. Surrounded by trees that tower overhead, I gaze up at the night sky to find stars twinkling in the high branches. Early next morning, a hawk circles, then glides on a wind draft across the small space of blue sky that is not obscured by treetops. I feel an inner shift as the disparate pieces of my life align in these experiences that are at once exquisitely tender and utterly solid.

Having heard others relate similar accounts, I wonder, “Why are we moved on returning to nature?” In natural settings, we may feel that we have “come home.” Yet, in these same settings we can encounter dangers like the relatively small menace of Palmetto Island’s buzzing, territorial carpenter bees and the far greater threat of poisonous snakebites that the park’s resident copperheads and water moccasins pose. Faced with such dangers, we respond to nature in a way that is the antithesis to “coming home.” We recoil or attack.

These opposing responses hint at how we relate to our own instinctual nature. We are drawn to our instinctual nature by an innate desire for wholeness and repelled by the dangers that are inherent in instinctual reactions. In “The Eumenides,” the Greek playwright Aeschylus draws from Greek mythology to illustrate these responses in his portrayals of the god Apollo and the goddess Athena. He casts the Furies as symbols of the instinctual psyche, the undifferentiated wholeness in which the infant begins life under the sway of the instincts (Aeschylus, 1977). Made up of patterns coded in DNA that are dedicated to the preservation of the individual and the species, the instinctual psyche is as much a part of nature as Palmetto Island’s bees, hawks, trees, and snakes.

The authority of the instincts will soon be challenged when parents begin to socialize the young child to get along in society by curbing instinctual reactions like anger. As the child identifies with approved behaviors and emotions and represses the disapproved, the ego is born and shadow forms in the unconscious. Apollo portrays this initial level of ego awareness. His expression of repulsion toward the instinctual Furies, “[N]ever rub your filth on the Prophet’s shrine,” reflects the ego’s common reaction to instinctual urges (Aeschylus, 1977, p. 239, l. 193). This reaction originates in the struggle of the child’s budding ego to

emerge from the psyche's original, unconscious wholeness as the far greater force of the unconscious exerts a magnetic pull that threatens to overcome the young ego. For the young child whose ego is little more than embryonic, animosity toward unconscious, instinctual urges helps to level a playing field that is tipped decidedly in favor of these urges.

Apollo's numerous attempts to quell the Furies before he finally yields the stage to Athena suggest that such a hard-won conscious development does not surrender its one-sided perspective readily (Aeschylus, 1977). Like Apollo, the ego tends to loosen its grip only after repeatedly failing to dominate the instincts. A more evolved form of ego awareness, like Athena's, that is capable of responding to the archetypal urge toward wholeness may then be discovered.

While initially taken aback by the Furies' fierce appearance, Athena does not abide by Apollo's reaction to repress (Aeschylus, 1977). Instead, she initiates a dialogue with the Furies that will transform them both. The goddess portrays a consciousness that is evolving beyond the simple repression of instinctual urges. By engaging in discourse without being overcome by the Furies' rage, a consciousness like Athena's allows ego and instinct to each have their say, to hear, to be heard, and to influence the other. Through their collaboration, the ego "comes home" to a greater wholeness in relating to aspects of the psyche that were repressed in the service of conscious development, and instincts that were exiled by repression "come home" to their rightful place of honor in the psyche.

When the forces of instinct and consciousness join, a step is taken in the evolution of consciousness. Through dialogue and mutual effect, what was dark is more enlightened, and what was light carries more shadow. In the final scene of "The Eumenides," first performed in Athens in 458 BCE, Athena calls for a torch-lit procession into the night. Clad in red robes, the Furies are escorted from the theater through the streets of Athens to their home by the play's actors and the audience (Aeschylus, 1977).

The play becomes a ritual in which participants know through direct experience a quiet, almost solemn, joy at the union of the instinctual Furies with the consciousness of the goddess and her Athenians. Haas describes the quiet joy in these "homecomings": "[I]t is only in the voice of the flesh that the song of the spirit is finally sung" (Haas, 2005, p. 273).

Aeschylus. (1977). *The Oresteia*. (R. Fagles, Trans.). New York: Penguin Books.

Haas, Jack. (2005). *Transfiguration: The Union of Spirit and Flesh*. Vancouver: Iconoclast Press.

## PROGRAMS & EVENTS

### ***A TASTE FOR CHAOS: The Art of Literary Improvisation***

Presenter: **RANDY FERTEL, PhD**

**Tuesday, September 8, 7:30 pm**

Parker UMC, 1130 Nashville Avenue, New Orleans

Lecture free to Jung Society members, \$15 non-members (\$10 students)

Beneath the current of reason, will, and scientific objectivity swirls a riptide that suggests we can know more of the world through non-rational means—through spontaneity, intuition, and creativity. In his book, Randy Fertel explores this undercurrent of spontaneity in literature and identifies a new metagenre called improvisation—texts that claim to have been written without effort or craft, like an idea that hits you in the shower. Whether the authors claim to have written them in a dream, instinctively, off the top of their head, or when drunk, they have done so, so they claim, without effort, and their work is the more valuable because of it. Fertel demonstrates that we can ultimately know more of the world by accepting the limits of reason and opening up rationality to more of life.

1.5 CE clock hours for  
LPCs; application made  
for Social Work CEUs



***Randy Fertel, a  
writer based in New  
York and New  
Orleans, has taught  
English at Harvard,  
Tulane, LeMoyne  
College, and UNO.  
He holds a PhD from  
Harvard.***



## **PROGRAMS & EVENTS**

### ***AN EVENING OF MINDFULNESS***

Presenter: **PEGGY BROWN, LCSW**

**Tuesday, October 6, 7:30 pm**

Parker UMC, 1130 Nashville Avenue, New Orleans

Lecture free to Jung Society members, \$15 non-members (\$10 students)

“Mindfulness” has found its way into everyday conversation but do we really know what it means or how to apply it? In this program, we will offer an overview of mindfulness as defined by Jon Kabat-Zinn: paying attention in a particular way, on purpose, in the present moment, non-judgmentally. We will explore mindfulness and its relation to suffering through comparing the experience of the reactive mind versus the responsive mind. We will also experience it through several practices, often described as simple but not easy! Finally, we will look at qualities of the mindful therapist and how these relate to self-care.

1.5 CE clock hours for LPCs; application made for Social Work CEUs



**Peggy Brown** has a degree in psychology from Newcomb College and an MSW from Tulane School of Social Work. She founded the social work department at Baptist Hospital and remained affiliated there for 17 years. She maintained a private practice while working part-time in the Chevron Employee Assistance Department for a number of years and is now in private practice full-time. She served as Adjunct Professor at Tulane School of Social Work and has been guest lecturer on Buddhist Spirituality, Hypnosis, and EMDR. She has been a student of meditation for many years and has taught mindfulness in a variety of settings.



## PROGRAMS & EVENTS

### ***Psychotherapy, Clinical Practice, Jungian Psychology and THE LATEST BRAIN RESEARCH***

Presenter: **DAVID SCHOEN, LCSW,  
MSSW**

**LECTURE: Friday, November 6,  
7:30 pm**

**WORKSHOP: Saturday, November 7,  
10-1**

Parker UMC, 1130 Nashville Avenue,  
New Orleans

Lecture: Free to members, \$15 non-  
members (students \$10)

Workshop: \$35 members, \$45 non-  
members (students \$25)

The latest brain research confirms much of what therapists experience, with biological data supporting the psychological and theoretical positions that Jung and others have found to be true. The “evidence-based” practice that we have been fearful would destroy the “soul” in psychotherapy, turns out to actually validate and support much of what we have been doing. The Friday lecture will give an overview of these ideas and the Saturday morning workshop will expand and amplify the implications, especially for Jungian psychology. There will be time for your questions and for brainstorming and discussion.



**David Schoen** is a Licensed Clinical Social Worker and Certified Jungian Analyst. He has a background as an alcoholism chemical dependency counselor. He is a senior analyst in the Inter-Regional Society of Jungian Analysts, is co-founder and former coordinator of the New Orleans Jungian Seminar, and lectures and teaches nationally. His books include *Divine Tempest: The Hurricane as a Psychic Phenomenon* and *The War of the Gods in Addiction: C. G. Jung, Alcoholics Anonymous and Archetypal Evil*.

Lecture:

1.5 CE clock  
hours for LPCs;  
application made  
for Social Work  
CEUs

Workshop:

3.0 CE clock  
hours for LPCs;  
application made  
for Social Work  
CEUs

## PROGRAMS & EVENTS

**Friday lecture: CONIUNCTIO GASTRONOMIQUE or *How to Make a Roux!***

**Saturday workshop: WRITING YOUR OWN PERSONAL MYTH**

Presenter: **Susan Negley, MA, LPC**

**LECTURE: Friday, December 4, 7:30 pm**

**WORKSHOP: Saturday, December 5, 10 am-1 pm**

Parker UMC, 1130 Nashville Avenue, New Orleans

Lecture: free to Jung Society members, \$15 non-members (\$10 students)

Workshop: \$35 members, \$45 non-members (\$25 students)

“Cooking has become the language of *my* soul. My training in the culinary arts has enhanced my understanding of spiritual transformation, what Jung calls individuation.” The raw ingredients of our early life are the prima materia of psychic life. How we engage the unconscious, how we understand and make meaning, and how we construct a meaningful life becomes our personal myth. Jung saw this as a moral imperative. Archetypes are the “stuff” of myths. The question becomes which archetypes have been constellated in a person’s life. Jung says that we can investigate this by going back as far as first dreams and memories. Participants in the Saturday workshop will look at the language of their own psyches to see how their own personal myth has unfolded.



**Susan Negley** is a Jungian Analyst in Austin, Texas. Prior to her training as an analyst, she attended Le Cordon Bleu in France and worked in the food industry in Paris, New Orleans, and Austin. She says her education in cooking illuminated her interest in the relationship between cooking and the psyche as she began to see the analogies between cooking, alchemy, and psychological processes.

Lecture:

1.5 CE clock hours  
for LPCs; application  
made for Social Work  
CEUs

Workshop:

3.0 CE clock hours  
for LPCs; application  
made for Social Work  
CEUs

**C.G. Jung Society of New Orleans is a non-profit organization that supports education and the humanities as related to Jungian concepts.**

***We are accepting Donations!***

**All gifts of any amount (including in kind donations or your time, energy, love, ideas) are appreciated and help to further the Society's mission.**

**Donations can be mailed to:**

**C. G. Jung Society, 609 Metairie Road #171, Metairie LA 70005**

**For more information see our website:**

**[www.jungneworleans.org](http://www.jungneworleans.org)**

**Or Email us!**

**[jungneworleans@gmail.com](mailto:jungneworleans@gmail.com)**

## **Next time you're at a Jung Society Lecture Visit our LIBRARY!**

**Our library is housed in Parker Memorial Church and is open before and after every lecture.**

**Books on all topics Jungian are available for check-out by MEMBERS!**

**Ask us for *membership details* and *how you can begin checking out books* from our specialized library. Access to the library will help you gain more understanding on a variety of topics related to Jungian Psychology.**

**We also have a number of books available as references, including Jung's**

**RED BOOK**

**Looking for more inspiration? Consider these reads written by our presenters and members:**

**A Taste for Chaos: The Art of Literary Improvisation** by Randy Fertel

**War of the Gods in Addiction** by David E. Schoen

**Touching: Body Therapy and Depth Psychology** by Deldon Anne McNeely

**Monks in the World: Seeking God in a Frantic Culture** by William Thiele

**Bears and Butterflies: A Way to Listen to Your Heart** by Catherine Meeks

## **Jung Society Lecture and Workshop Schedule for the Fall 2015**

***A Taste for Chaos: The Art of Literary Improvisation***

Tuesday, September 8, 2015 7:30pm

Randy Fertel, Ph.D.

***An Evening of Mindfulness***

Tuesday, October 6, 2015 7:30pm

Peggy Brown, LCSW

***Psychotherapy, Clinical Practice, Jungian Psychology  
and The Latest Brain Research***

Friday, November 6, 2015 7:30pm

Workshop:

Saturday, November 7, 2015 10am - 1pm

David Schoen, LCSW, MSSW

***Coniunctio Gastronomique or How to Make a Roux!***

Friday, December 4, 2015 7:30p

***Workshop: Writing Your Own Personal Myth***

Saturday, December 5, 2015 10am - 1pm

Susan Negley, MA, LPC



“As far as we can discern, the sole purpose of human existence is to kindle a light of meaning in the darkness of mere being.”

— C.G. Jung